

6 Week Mini Sessions

(No Registration Fees)

Ages 4 to 6

Creative Movement. Saturdays 4/13-5/18. 11:00am to 11:45am

This lively and face paced class will cover basic dance skills and movements necessary to be successful in dance.

Instructor: to be determined. 6 wks/ \$87.00

Age 7+

Beginning Tap. Tuesdays 1/22-2/26. 4:15pm to 5:15pm

Instructor: Ms. Keri 6 wks/\$96

Age 10+ with dance experience

Instructor: Ms. Jessica 6 wks/\$96

Leaps, Jumps and Turn. Wednesdays 1/23-2/27. 4:15pm to 5:15pm

This class is designed to learn skills based on technique. You will work on adding multiples to your pirouettes, fottés and á la seconde turns. Flexibility, strength, endurance and choreography will be covered.

Age 10+

JexFlex. Wednesdays 1/23 – 2/27. 5:15pm to 6:15pm

Instructor: Ms. Jessica 6 wks/\$96

This six-week flexibility training program was developed by Ms. Jessica and has been taught to dancers, gymnasts, and ice skaters. With a series of carefully organized stretches and exercises, students are guaranteed to see an increase in their measured stretching potential by the end of the program.

Age 13+

Balls, Balance & Ballet. Thursdays 1/24-2/28. 4:15pm to 5:15pm

Instructor: Ms. Amy 6 wks/\$96

Using exercise balls, you will be introduced to an exciting progressing ballet technique. The program will help you understand just how important it is to train your muscle memory to achieve your personal best in ballet and all forms of dance.